

ZC 2026: Session: 5: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 08:15 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Boyen Wendy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M FREESTYLE WOMEN 13-14 **Heat:5, starttime: 09:38**

Heat: 5/12 Lane : 6 Athlete: KERCKHOFS WOUKE **Q-time: 01:15:34**

PB (50m pool): 01:15.58 Antwerpen 15/03/2026 **PB (25m pool): 01:15.34 SB: 01:15.58 Antwerpen 15/03/2026**

	5 0 M	1 0 0 M	
PB	00:37.13	01:15.58	
	<i>00:37.13</i>	<i>00:38.45</i>	
	

Coach feedback:

Event number: 40: 200M BACKSTROKE MEN 13-14 **Heat:4, starttime: 10:05**

Heat: 4/5 Lane : 8 Athlete: SCHEEPERS ELIAZ **Q-time: 02:55:97**

PB (50m pool): no time **PB (25m pool): 02:55.97 SB: no time**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 46: 100M BREASTSTROKE MEN 13-14 **Heat:5, starttime: 11:25**

Heat: 5/6 Lane : 1 Athlete: JAMAR ALEXANDER **Q-time: 01:29:39**

PB (50m pool): 01:40.84 SportinGenk Park 11/11/2025 **PB (25m pool): 01:29.39 SB: 01:40.84 SportinGenk Park 11/11/2025**

	5 0 M	1 0 0 M	
PB	no time	01:40.84	
	<i>no time</i>		
	

Coach feedback: